

Health & Safety Courses Offered

Detailed course content as per SAQA/ DOL requirements



The following document contains detailed course content as per SAQA/ DOL requirements. AIR Training, Consulting & Services fully adheres to SAQA/ DOL legislation. This information may also be retrieved from SAQA/ DOL.

content

01

Understand and deal with
HIV/AIDS

Unit Standard Number: 12463

02

First Aid level 1 & level 2 -
perform basic life support and
first aid procedures

03

Perform basic fire fighting

Unit Standard Number: 12484

04

Apply safety, health and
environmental protection
procedures

Unit Standard Number: 13223

Understand and deal with HIV/AIDS

Unit Standard Number: 12463

NQF Level: 02

Credits: 3

PURPOSE OF THE UNIT STANDARD:

Qualifying learners can demonstrate an understanding of HIV/ AIDS issues affecting them personally and in the workplace. They are able to apply relevant national, industry and company policies and procedures for dealing with HIV/ AIDS in the workplace.

SPECIFIC OUTCOMES AND ASSESSMENT CRITERIA:

SPECIFIC OUTCOME 1

Explain and discuss HIV/ AIDS facts and figures:

- An understanding of HIV/ AIDS issues affecting employees personally and in the workplace, is demonstrated.
- Relevant national, industry and company policies and procedures for dealing with HIV/ AIDS in the workplace are applied.

SPECIFIC OUTCOME 2

Identify behaviours that may create a risk of HIV transmission.

SPECIFIC OUTCOME 3

Explain the rights and responsibilities of employees in the workplace with regards to HIV/ AIDS.

SPECIFIC OUTCOME 4

Identify and apply relevant policies and procedures for dealing with HIV/ AIDS in the workplace.

First Aid level 1 & level 2 - perform basic life support and first aid procedures

Department of Labour Registration Number: CI 345/3/12/1

Level 1 Duration: 2 days

Level 2 Duration: 3 days

PURPOSE OF THE UNIT STANDARD:

The purpose of first aid is to recognise and provide immediate first aid care in the case of a sudden injury or illness. The candidate will be equipped to administer first aid care until advanced medical personal arrive and takeover.

LEVEL 1 - MINIMUM COMPULSORY CONTENT:

- Principles of first aid and safety; emergency scene management
- Artificial respiration
- One-rescuer CPR
- Choking
- Wounds and bleeding
- Shock, unconsciousness and fainting
- Fractures
- Burns
- Head and spinal injuries

LEVEL 2 - MINIMUM COMPULSORY CONTENT:

- Principles of first aid and safety; emergency scene management
- Artificial respiration
- Choking
- Wounds and bleeding
- Shock, unconsciousness and fainting
- Fractures
- Head and spinal injuries
- Joint injuries and rescue carries
- Chest injuries
- Hand injuries
- Eye injuries
- Multiple injury management
- One and two rescuer adult CPR
- Pelvic and abdominal injuries
- Child and infant resuscitation
- Environmental illnesses and injuries
- Burns
- Poisoning, bites and stings
- Chest pain and paralysis
- Fits
- Management of foreign objects
- Soft tissue injuries
- Elementary and applied anatomy and physiology

Perform basic fire fighting

Unit Standard Number: 12484

NQF Level: 02

Credits: 4

PURPOSE OF THE UNIT STANDARD:

Qualifying learners can select and use the appropriate fire fighting equipment to extinguish or control fires in the workplace.

SPECIFIC OUTCOMES AND ASSESSMENT CRITERIA:

SPECIFIC OUTCOME 1

Discuss and explain procedures for dealing with fires in the workplace:

- An understanding of procedures for dealing with fires in the workplace is demonstrated.
- Fires are contained and/ or extinguished.
- The fire and/ or the site are handed over to the appropriate personnel.
- Reports on status of fire and equipment are completed.

SPECIFIC OUTCOME 2

Identify the type of fire, its context and select the appropriate fire fighting procedure.

SPECIFIC OUTCOME 3

Identify, select and check appropriate fire fighting and safety equipment.

SPECIFIC OUTCOME 4

Fight containable/ extinguishable fires.

SPECIFIC OUTCOME 5

Retreat from fire site and hand over to appropriate personnel.

SPECIFIC OUTCOME 6

Report/ record status of fire and equipment.

Apply safety, health and environmental protection procedures

Unit Standard Number: 13223

NQF Level: 03

Credits: 6

PURPOSE OF THE UNIT STANDARD:

Qualifying learners can apply relevant safety, health and environmental protection procedures in their place of work to maintain a safe and productive work area. They are able to explain safety, health and environmental objectives, standards and regulations at the workplace, perform safety inspections, and identify and report on unsafe conditions.

SPECIFIC OUTCOMES AND ASSESSMENT CRITERIA:

SPECIFIC OUTCOME 1

Explain and discuss statutory rights, responsibilities and liability regarding safety:

- An understanding of statutory rights, responsibilities and liability and safety, health and environmental objectives, standards and regulations is demonstrated.
- Safety and environmental inspections in work area are conducted.
- Unsafe conditions are identified and appropriate corrective action taken.
- Reports on safety, health and environmental conditions in work area are available.

SPECIFIC OUTCOME 2

Explain and discuss safety, health and environmental objectives, standards and regulations.

SPECIFIC OUTCOME 3

Perform safety and environmental inspections in work area.

SPECIFIC OUTCOME 4

Identify unsafe conditions and take corrective action.

SPECIFIC OUTCOME 5

Report on safety conditions in work area.